

FAB - N - FUN GUIDE

October 7 - 9, 2011



SCHEDULE OF EVENTS



FRIDAY Oct 7th

BILL ADAMS COOKING STAGE

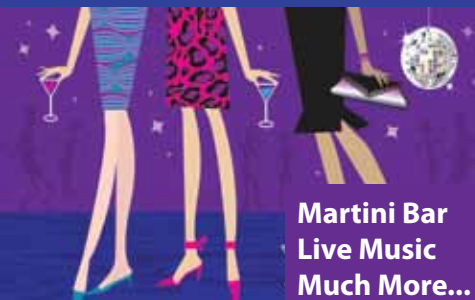
Time	Activity
5:00 PM	The BRICK VILLAGE GOURMET featuring Chef NAN
6:30 PM	Deserts Made Easy Dove Chocolate Discoveries
4PM - 9PM	LADIES NIGHT OUT

TIME WARNER MAIN STAGE

Time	Activity
5:00 PM	BODY JAM DEMO LECOM MEDICAL FITNESS
6:00 PM	Erie's Own FASHIONISTA Valerie Weaver
7:00 PM	Kimberly Lacy HGTV's Curb Appeal the Block
7:45 PM	Belly Dancing Demo Lake Erie Belly Dance



Friday Night is...



Martini Bar
Live Music
Much More...

LADIES NIGHT OUT



SATURDAY Oct 8th

BILL ADAMS COOKING STAGE

Time	Activity
10:30 AM	The BRICK VILLAGE GOURMET featuring Chef NAN
11:30 AM	Dinner in No Time The Pampered Chef
12:30 PM	The BRICK VILLAGE GOURMET featuring Chef NAN
1:30 PM	The Whole Foods CO-OP featuring Chef Katie Rowan
2:30 PM	The BRICK VILLAGE GOURMET featuring Chef NAN
3:30 PM	Easy Holiday Treats Tastefully Simple
4:30 PM	The BRICK VILLAGE GOURMET featuring Chef NAN

TIME WARNER MAIN STAGE

Time	Activity
11:00 AM	Make-Over Reveals Toni & Guy
11:30 AM	BODY JAM DEMO LECOM MEDICAL FITNESS
12:00 PM	Erie's Own FASHIONISTA Valerie Weaver
1:00 PM	Kimberly Lacy HGTV's Curb Appeal the Block
2:30 PM	FALL FASHION SHOW Christopher & Banks / CJ Banks
4:00 PM	Kimberly Lacy HGTV's Curb Appeal the Block

FWO SEMINAR ROOMS

Time	Activity
11:30 AM	FACEBOOK WORKSHOP Erie Institute of Technology
12:00 PM	TWITTER WORKSHOP Erie Institute of Technology
1:45 PM	HIJACKED by your HORMONES? DR HOLLY LUCILLE Naturopathic Physician

Attend the Expo and VOTE



SUNDAY Oct 9th

BILL ADAMS COOKING STAGE

Time	Activity
11:30 AM	The BRICK VILLAGE GOURMET featuring Chef NAN
12:30 PM	The Whole Foods CO-OP featuring Chef Katie Rowan
1:30 PM	The BRICK VILLAGE GOURMET featuring Chef NAN
2:30 PM	WSEE Morning Anchor Eva Mastromatteo
3:30 PM	The BRICK VILLAGE GOURMET featuring Chef NAN

TIME WARNER MAIN STAGE

Time	Activity
12:00 PM	Erie's Own FASHIONISTA Valerie Weaver
1:00 PM	Kimberly Lacy HGTV's Curb Appeal the Block
3:00 PM	It's Good for the Heart The Y Wellness Staff

FWO SEMINAR ROOMS

Time	Activity
11:30 AM	FACEBOOK WORKSHOP Erie Institute of Technology
12:00 PM	TWITTER WORKSHOP Erie Institute of Technology
2:00 PM	Healthy Aging: At Your BEST DR HOLLY LUCILLE Naturopathic Physician

View the Judging at 2pm Sunday



CHOCOLATE FOR A CAUSE..

FRIDAY
5PM - 8PM
SAT & SUN
12PM - 3PM



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